

## Effect of The Heat Treatment on The Bioactivity of Nanostructured Surfaces

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**Titanium and its alloys are widely used materials in implantology due to their high corrosion resistance and biocompatibility. The bioactivity and the osseointegration of these surfaces could be enhanced by several processes. One of them is the formation of nanostructure by the combination of electrochemical and chemical reactions. The nanotubular oxidic structure has positive influence on the precipitation of hydroxyapatite from the body environment and on the cell proliferation. Directly created layer has amorphous character, but it is possible to transform it to crystalline form by heat treatment. This could have another positive influence on bioactivity. The influence of surfaces nanostructuring of commercially pure titanium and experimental beta alloy Ti-39Nb and their subsequent heat treatment on bioactivity will be presented in this work. This has been evaluated by Ca-P based compounds precipitation on the surface during the in vitro exposure in simulated body fluid. It was found that heat treatment has considerable influence on surface bioactivity.**

**Keywords:** beta-titanium, nanotubes, hydroxyapatite, impedance, heat treatment

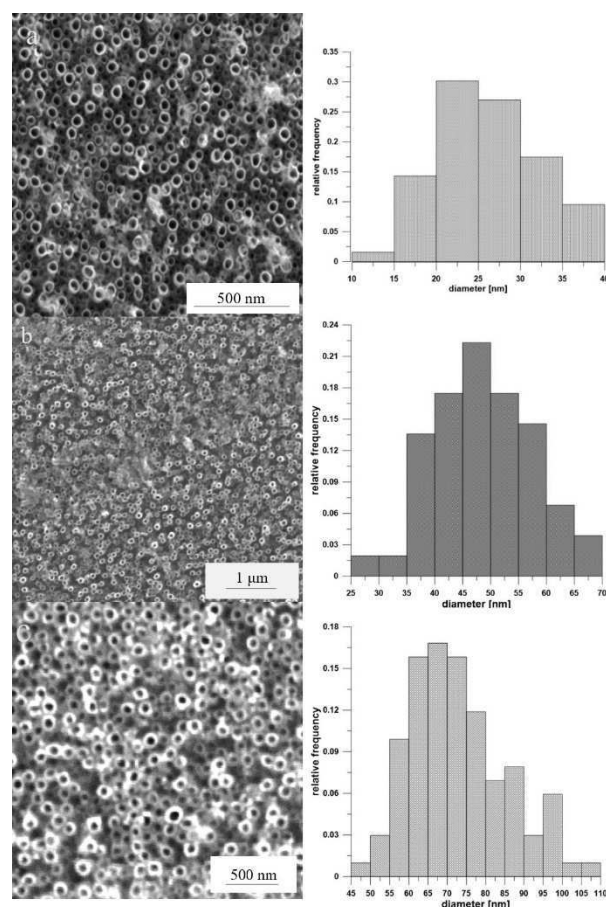
### 1 Introduction

Titanium and its alloys are widely used materials in orthopaedics and dentistry [1]. The use of metallic materials as artificial replacements (e.g. hip or knee joints) lead to the bone hard tissue replacement by a material with significantly higher modulus of elasticity. This intervention can cause a problem called "stress-shielding effect" [2-4]. The bone tissue begins to be nourished and regenerated inadequately, which may lead to a loss of mechanical integrity of the implant with bone [5]. To solve these problems, the new generation of less-problematic low modulus beta-titanium ( $\beta$ -Ti) alloys has been developed [5]. These materials are particularly alloyed by Zr, Nb, Ta, Mo. Their Young's modulus is around 60 GPa. These types of alloys have excellent corrosion resistance and stability in biological environments [5-7].

Surface nanostructuring can be used to enhance the bioactivity of the materials surface. Many studies have been focused on a development and optimization of self-organised  $\text{TiO}_2$  nanotubes onto Ti substrates formation [8-10]. Electrochemical oxidation is one of the possibilities [11-14]. Nanotubes have positive influence on cells osteogenic differentiations, adhesion and proliferation [15-18]. The nanotubes heat treatment lead to the partial conversion of the amorphous titania to anatase or rutile form. The heat treatment at  $300^\circ\text{C}$  cause the transformation of amorphous oxide to the anatase phase. When the temperature rises to  $600^\circ\text{C}$ , the anatase transforms to rutile [19]. Also the temperature above  $400^\circ\text{C}$  leads to the removal of fluorides from the nanostructure. At  $700^\circ\text{C}$ , almost all anatase is converted to rutile (about 88%) and the destruction of the nanotubes walls occur. At a temperature above  $800^\circ\text{C}$ , the structure is destroyed [20, 21]. The anatase phase of  $\text{TiO}_2$  is much more effective in the growth of hydroxyapatite than the rutile phase. This is due to the more appropriate arrangement of the crystalline grid [22]. The basic requirement for implant materials is the formation of apatite on the surface. If apatite

forms on the surface, it means that the material is potentially bioactive. This apatite formation may be studied in simulated body fluid (SBF) [23, 24].

The aim of this study is focused on surface parameters influence on the bioactivity (hydroxyapatite precipitation) of titanium beta alloy. Heat treated surfaces were also studied.



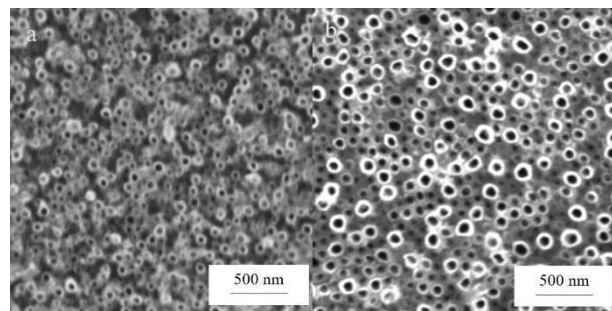
**Fig. 1** nanostructures prepared at a) 10 V; b) 20 V; c) 30 V and relative proportion of their diameters



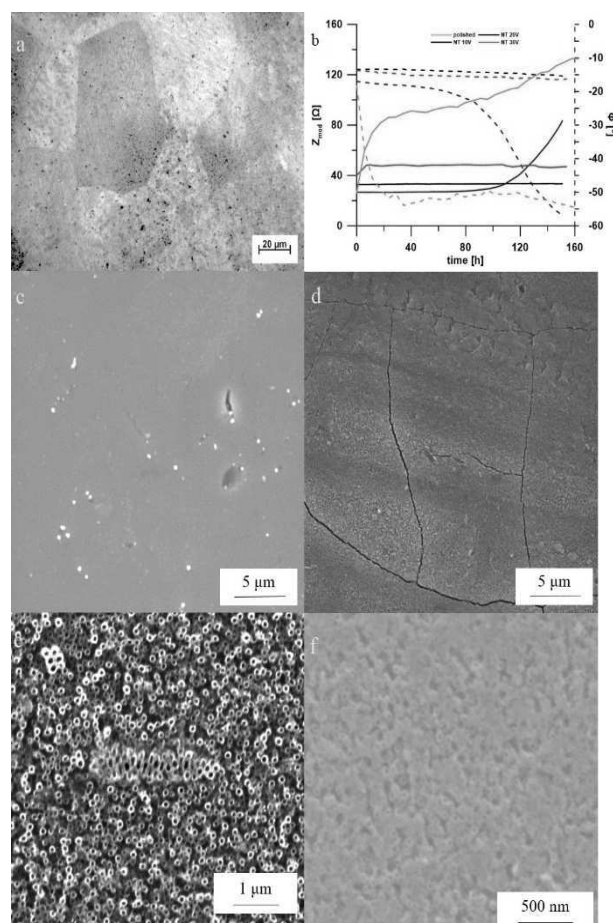
## 2 Experimental

### 2.1 Materials

Experiments were conducted with specimens of Ti-39Nb alloy (UJP Prague). For electrochemical measurements, specimens of cylindrical shape (diameter 16 mm, thickness 3 mm) were wet ground (up to FEPA P4000 paper) and polished. Samples were sonicated in deionised water, ethanol and acetone, and then dried in an air stream before exposure. One set of the specimens were heat treated at 500°C for 120 minutes and cooled at laboratory temperature.



**Fig. 2** nanostructures prepared at a) 20 V; b) 30 V after heat treatment



**Fig. 3** a) metallographic cut-out after heat treatment; b) impedance module and phase dependence on time for specimens without heat treatment; non-treated specimens after exposure in SBF polished (c) and nanostructured at (d) 10 V, (e) 20 V, (f) 30 V

Nanostructuring by anodic oxidation was realised in an electrolyte containing 1 mol l<sup>-1</sup> H<sub>3</sub>PO<sub>4</sub> and 0.6 wt. % NaF. Experiments were carried out using a standard three electrode setup with platinum gauze as a counter electrode, the sample as a working electrode and a silver/silver chloride (3 mol l<sup>-1</sup> KCl) reference electrode (SSCE). All potentials presented in this paper are related to this electrode. The electrochemical setup consisted of a potential ramp from the open circuit potential to the preselected potential (10 V, 20 V, 30 V) with a 10 mV s<sup>-1</sup> sweep rate and subsequently by holding the potential for 4,000 seconds. The potentiostatic exposure was followed by a potentiodynamic polarisation to the open circuit potential (rate 10 mV s<sup>-1</sup>). All anodization experiments were carried out at room temperature. After the anodization, the samples were ultrasonicated in deionised water and dried in an air stream. A high voltage potentiostat, the Jaisle Potenciostat-Galvanostat IMP 88 PC-200V with the PGU-AUTO Extern controlling unit was used in this work.

The bioactivity was studied in simulated body fluid prepared according to Kokubo [21]. All experiments were realised at 37°C. The electrochemical impedance response at 2 kHz was recorded during 168 h of the exposure. The precipitation of the new layer was detected by changes in the measured impedance response. For the morphological characterisation of the samples and surface evaluation after exposure, a scanning electron microscope (SEM) (TESCAN VEGA3) was used.

## 3 Results and Discussion

### 3.1 Surface characterisation

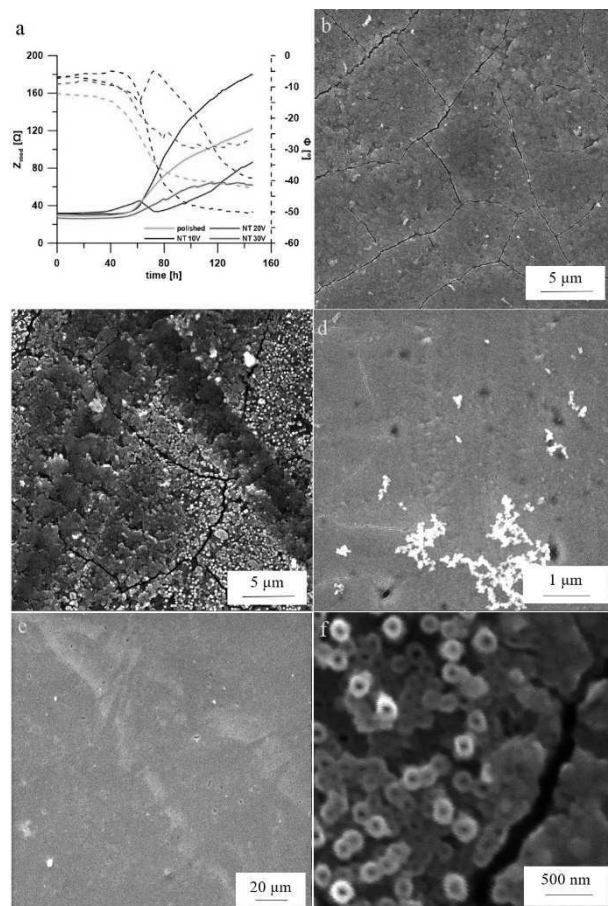
Prepared nanotubes as well as tubes diameters histograms are shown in Fig.1 – Fig.6. There is an evident correlation between tubes diameters and anodic voltage. The tubes diameter increases with an increasing voltage. The tubes length was evaluated from side view and varying from 433 ± 22 nm (10 V), through 2.1 ± 0.05 µm (20 V) to 3.1 ± 0.05 µm (30 V). The tubes length is closely associated with an exposure time. With increased finale voltage, the exposure time is increasing and thus the tubes length is higher. Examples of the surface after the heat treatment are shown in Fig. 7 and Fig. 8. The nanotubes were not destroyed and tubes parameters remained the same. The temperature was chosen with respect to our previous research [14]. However, the beta phase decomposition occurred during the heat treatment. The alpha or omega phase (black points) was detected in microstructure (Fig. 9).

### 3.2 Exposure tests in SBF

The single frequency impedance data are shown in Fig. 10. The impedance modulus is increasing and phase angle decreasing during the exposure in the case of polished sample.

However, these changes were not caused by the precipitation of the layer but by the surface remodelling. The native passive layer is not stable on freshly polished sample. The oxide thickness is increasing during exposure and it caused this impedance response.





**Fig. 4** a) impedance module and phase dependence on time for heat treated specimens; specimens after heat treatment and exposure in SBF with nanostructured at 10 V (b), 20 V (c), 30 V (d) and polished (e) surfaces; f) detail of 30 V nanostructure

A different situation occurred in the case of nanotubes. There are no possible changes of the surface after nanostructuring. The stability of the nanotubes is documented by the impedance response of that prepared at 10 V and 30 V. The impedance change after approximately 100 h in the case of 20 V nanotubes was caused by a new layer precipitation. This was also confirmed by SEM (Fig. 12- Fig. 15). The nanotubes were completely covered by the new layer composed mainly of Ca and P only in the case of 20 V specimen. It seems that 20 V tubes diameter is the most supportive for Ca-P layer creation because there is most of the precipitation centres.

The impedance time dependencies for heat treated specimens are shown in Fig. 11. There are evident changes in trend in the case of all surfaces. The Ca-P layer precipitation occurred on the all surfaces. The incubation period i.e. time to beginning of the layer precipitation was approximately 60 hours for polished, 10 V and 30 V specimens. The incubation period for the 20 V specimen was about 40 hours. It is almost twice faster than in the case of specimen without heat treatment.

The surfaces of specimens after exposure are shown in Fig. 16 – Fig. 19. The surface was completely covered by the new layer in all cases. The EDS analysis confirmed the mixture of calcium phosphates. However, the more

accurate analysis has to be done for the precise determination of the layer composition. The detail SEM picture clearly shows that the Ca-P layer copies the original nanostructure (Fig. 20).

## 4 Conclusion

The nanotubes on Ti-39Nb alloy surface were successfully prepared. The tubes diameter increased with increasing anodic voltage also the tubes length increased with time duration of the anodization process. The exposure test showed influence of tubes parameters on the Ca-P layer precipitation from simulated body fluid. The most perspective diameter was approximately 40 nm. The appropriate heat treatment leads to increasing bioactivity of nanotubes. The Ca-P layer precipitation occurred on all treated surfaces. The shortest incubation period was noticed in the case of tubes with approximately 40 nm diameter. The single frequency impedance measurement seems to be a useful tool for surface processes monitoring.

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